

# ST. JOSEPH'S MEN'S RETREAT – 2026



*Come and stay at Historic Mount St. Michael*

**FRIDAY, MARCH 20, 2026**  
through  
**SUNDAY MARCH 22, 2026**

**Cost: \$200 per person**

**Includes:** transportation to/from train station, airport, all meals, room, individual spiritual direction and talks.

**Space is Limited.**

**Deadline for Registration & Fee is:**  
Thursday, March 12<sup>th</sup>

**Open to all men 20 years & up**

A detailed schedule will be given at the retreat.

**Retreat Master will be  
Fr. Carlos Zepeda**

This special weekend is a spiritual rejuvenation, clear your schedule and make time to attend.

Historic Mount St. Michael Traditional Catholic Parish  
8500 N. St. Michaels Road, Spokane, WA 99217 [www.stmichaels.org](http://www.stmichaels.org)

REGISTRATION FORM – 1 person per registration form. Please complete and return with payment to:  
**Mt. St. Michael, Attn: Men's Retreat** ~ 8500 N. St. Michaels Rd. Spokane, WA 99217 (509) 467-0986 x 0

Name: \_\_\_\_\_ Phone: \_\_\_\_\_  
First and Last Name Please Print Indicate home or cell

Address: \_\_\_\_\_ Street # & Name City State Zip

Email Address: \_\_\_\_\_ Age \_\_\_\_\_, this helps us to pair people together for Rooms

Emergency Contact Name and Phone Number: \_\_\_\_\_

Dietary Needs: \_\_\_\_\_

1<sup>st</sup> and 2<sup>nd</sup> Choice for roommate: 1 \_\_\_\_\_ 2 \_\_\_\_\_

Have you made your Total Consecration? YES or NO If no, would you like to know more about it? YES or NO

Are you a Traditional Catholic? YES or NO If yes, how many years? \_\_\_\_\_ If no, what religion? \_\_\_\_\_

What Parish/Church are you a member of? \_\_\_\_\_, City \_\_\_\_\_, State \_\_\_\_\_

How will you be arriving in Spokane? Drive \_\_\_\_\_ Fly \_\_\_\_\_ Train \_\_\_\_\_ I Live Local \_\_\_\_\_

Please be sure to provide us with travel information for flights and/or train: Airline, time, date, flight numbers, arrival/depart

## BASIC SCHEDULE

Friday, March 20<sup>th</sup>  
Saturday, March 21<sup>st</sup>  
Sunday, March 22<sup>nd</sup>

**A more detailed schedule will be given when you arrive. Please note, that we do have a DRESS CODE for the building, please dress appropriate for the Chapel; Please, no jeans, t-shirts, flip flops**

If interested, please call or email  
Mrs. Anne Marie Netzel  
(509) 467-0986 x 100  
[parish@stmichaels.org](mailto:parish@stmichaels.org) or call  
Sr. Marie Janae 509-467-0986 x 121