

LADIES RETREAT 2026

*Do you need a break from being like Martha?
Come and stay at Historic Mount St. Michael and be like Mary!*

WEDNESDAY, AUGUST 12, 2026 through MONDAY, AUGUST 17, 2026



This special week of retreat and spiritual rejuvenation is a time to stop being a Martha, and relax and listen to Our Lord, like Mary.

Five days just for Women! **Age limit:** 25 years & up

The week includes:

Daily Mass, Daily Rosary, Spiritual Direction

Total Consecration (begin before arriving)

Choir and Outdoor Activities

Fr. Augustine Walz, CMRI – RETREAT MASTER

Basic Schedule:

Wednesday	August 12	Registration / Activities TBA / Dinner & Recreation with Sisters & Priests
Thursday	August 13	Q & A with Fr. Augustine / 15 decades of Rosary / Silence Begins
Friday	August 14	Silent Retreat Continues / All Night Adoration
Saturday	August 15	Silent Retreat Continues / Sing High Mass with Sisters
Sunday	August 16	Silent Retreat Ends with Total Consecration / Activities TBA
Monday	August 17	Virtual Golf / River Rafting / MOD Pizza / End of Retreat

Additional Items on the Schedule: A detailed schedule will be ready when you arrive

There will be Mass at the Grotto for deceased retreatants

Counseling / Spiritual Direction

Tour of Historic Mt. St. Michael

Host Baking

Choir Practice

You are welcome and encouraged to arrive a day early and leave on Tuesday, August 18th or Wednesday, August 19th. There is no extra charge for room and board.

COST: \$300.00 per person; \$50 deposit

Includes: airport pick-up and drop-off, room, all meals, all talks & activities

Space is LIMITED. *Deadline for Registration and Fee is July 20, 2026*

Please contact: Sr. Marie Janae, CMRI at (509) 467-0986 x 121 smjanae@stmichaels.org